

WhiteBlaze Pages 2022 (PDF)

A Complete Appalachian Trail Guidebook
Rick "Attroll" Towle



PDF Version Date: **4 December 2021 1:32 pm**

Copyright © 2022, 2021, 2020, 2019, 2018, 2017 Rick Towle. All rights reserved.

All rights reserved. No part of this book may be reproduced in any form or by any electronic or mechanical means, including information storage and retrieval systems, without the permission in writing from the publisher, except by reviewers, who may quote brief passages in a review.

The diamond, WhiteBlaze logo, hiker logo and any other logos in this book are copyrighted and trademarked to WhiteBlaze Pages.

The hammock logo is copyrighted and trademarked to Hammock Forums. All rights reserved.

WhiteBlaze Pages is not liable for any accidents or injuries to persons using this data.

All aspects of this book are designed and printed in the United States.

WhiteBlaze Pages
www.whiteblazepages.com
whiteblazepages@gmail.com



web site



email

Appalachian Trail



Title, Copyright	i
Appalachian Trail Map	ii
Common Appalachian Trail questions	iii
Contents	iv,v
Preface, book updates, acknowledgements	v,vi
Trail Updates	vi
ATC recommendations	vi-ix
COVID in 2021	ix
Abbreviations	1
Understanding the white and blue blazes	1
AT Passport description	1
Stealth Camping	2
Trail Names	2
Bear Safety and Canisters	2
Bear bag hanging diagram	3
Mail drop explanation	3
Mail drop, Town, and Shuttle legend	4
Trail Tidbits	4
Shelters, Lean-to's, and Huts	5
Notes, information, and warnings	5
Hitchhiking	6
Privies in the Smokies, or lack of	6
Prices in this book	7
Understanding directions and Mileage explanations	7
Icons in this book	7
Parentheses, braces, and brackets and their meanings	7
Descriptions of maps in this book	7
GPS formatting	8
Profiles and their icons	8
Interactive maps	8
Shuttle providers, their locations in this book & explanation	8
Legends	9
Trail data description explanation	10
Town data description explanation	10
Shuttle provider listing description explanation	10
Map, Getting to Springer Mountain	11
Map, Getting to Baxter State Park, Katahdin	12
Getting to the Southern Terminus, Springer Mountain	13-15
Getting to the Northern Terminus, Mount Katahdin	15
Friends and family joining you in Baxter State Park	15
Amicalola Falls State Park	16
Approach Trail	17
Georgia	18
North Carolina	26
North Carolina/Tennessee	40
Tennessee	61
Virginia	67
West Virginia	123
Maryland	127
Pennsylvania	133
New Jersey	160
New York	169
Connecticut	181
Massachusetts	190
Vermont	203
New Hampshire	219

Maine	237
Manufacturers Listings	261
Planning and Preparation	263
Keeping a Journal	265
Hostels	266
Shuttle provider's coverage map and listings	271
Resupply options	280
Hiker Slang	284
Index of shelters and important items	289
Index of maps in this book	295
About the author	297
Calendar of events	298
Partnership	299

Preface

WhiteBlaze Pages is designed for thru-hikers, long-distance hikers, and section-hikers on the Appalachian Trail. Its aim is to assist you in determining your location and surrounding features, and to locate nearby re-supply options and other needed services.

With help from the Appalachian Trail Conservancy (ATC), I have made every effort to make this as up to date as possible; however the trail and its surroundings are constantly changing. If you find any inaccurate information in this book, I would greatly appreciate it if you would write through the web site or the email listed in this book.

This book was done by hands-on research and data collection. The establishments in this book do not pay to be listed. I receive no funding to produce this book. I currently do not pay anyone for furnishing information.

HELP ME KEEP THIS GUIDE UP TO DATE

I am constantly trying to find ways to improve this guidebook.

If you have any comments, suggestions, corrections or any other information to help me improve the next edition of this guidebook, contact me through:

WhiteBlaze Pages

www.whiteblazepages.com

whiteblazepages@gmail.com

Printed in the United States of America

First Printing, 2017

Copyrighted to WhiteBlaze Pages ©

WhiteBlaze Publishing

Denmark, ME 04022

Updates and Correction Information

Trail re-routes and other changes often occur after the guidebook has been sent to the printers. You can find the latest corrections at the following web address:

www.whiteblazepages.com/updates/2022

Acknowledgments

A special thanks to Jim "Veteran" Rodney, a true inspiration.

Credits for data collection and inputs to WhiteBlaze Pages are as follows, by name or trail name:

Appalachian Trail Conservancy (ATC)

Chris Austin

Alpha-Gal

Jamie Barnes

Ed "atraildreamer" Brown

Chris "Trailboss" Brunton

Charlie Galante

Bob "Couscous" Geiser

Vic Hasler

Dave Hodgins

Michael "Ratjumper" Kinese

Shelley Krause

Jim Liptack

LittleRock

Margaret Mills

Mouser999

Eileen Quinn

Myra Schnuck

Abbreviations

ABNB - Air Bed and Breakfast
 AT or A.T. - Appalachian Trail
 ATC - Appalachian Trail Conservancy
 AMC - Appalachian Mountain Club
 AYCE - All You Can Eat
 AYH - American Youth Hostels
 BMT - Benton MacKaye Trail
 BRP - Blue Ridge Parkway
 BSP - Baxter State Park
 B/L/D - Breakfast/lunch/dinner
 C/O - Care Of
 CC - Credit Card
 DOC - Dartmouth Outing Club
 E - East
 EAP - Each additional person
 ETA - Estimated Date of Arrival
 FedEx - Federal Express
 FT - Feet
 GMC - Green Mountain Club
 HYOH - Hike Your Own Hike
 KSC - Katahdin Stream Campground
 L - Left
 LNT - Leave No Trace
 LT - Long Trail

MATC - Maine Appalachian Trail Club
 MP - Mile Point or Mile Post
 N - North
 NHP - National Historical Park
 NOBO - North Bound
 NOC - Nantahala Outdoor Center
 NP - National Park
 NPS - National Park Service
 PATC - Potomac Appalachian Trail Club
 PO - Post Office
 PP - Per Person
 R - Right
 S - South
 SDMP - Skyline Drive Milepost
 SMNP - Smoky Mountain National Park
 SNP - Shenandoah National Park
 SOBO - South Bound
 SP - State Park
 USFS - United States Forest Service
 USGS - United States Geological Survey
 UPS - United Parcel Service
 USPS - U.S. Postal Service
 W - West
 WFS - Work For Stay
 YDS - Yards

Understanding the white and blue blazes

White blazes

These blazes are normally 2"x6" in size. The single white blaze is most common, but a double white blaze (two blazes stacked on top of one another) indicate a sharp turn in the trail. On a double blaze the top blaze indicates the direction the trail is turning. If the blaze is to the right of the lower blaze, the trail is turning right. If the blaze is to the left of the lower blaze, the trail is turning left. The white blazes are usually within eyesight of each other but this is not always the case. Over time, the white blazes, and blazes of any color, can fade away and completely disappear.

Blue blazes

These blazes are normally 2"x6" in size. The single blue blaze is most common. A blue blaze is the indication of a spur trail branching off of the Appalachian Trail. Blue blazed trails could lead to a vista, water source, shelter or campground, or some unusual natural feature. The blue-blazed trails may be dead ends but not always. This means that it would be an out-and-back walk to something like a vista. A blue-blazed trail can be an alternate route that allow you to bypass sections of the trail for various reasons. Blue-blazed trails generally rejoin the AT in a mile or two.

AT Passports

For centuries hikers of the Camino de Santiago Trail in Spain required a "passport" to stay in some municipal and parish Albergues. The passport has spaces for stamps, this proved that you have walked that day and are entitled to stay in an Albergue, (pilgrims-only hostels), if there is space, they are valid for walkers and cyclist.

The AT Passport is a little different, as a passport is not a requirement to stay at hostels. There are a lot more than just hostels on the AT Passport. The intention of the passport is to document your journey, at designated locations along the trail and in trail towns. These are establishments with stamps that hikers can collect.

The passport often ends up being a treasured possession as it is a great reminder of all the places you have stopped at or stayed overnight. The stamps are all different, no two stamps are alike.

More about AT Passport here: (www.atpassport.com)

Hanging a Bear Bag The PCT Method

EQUIPMENT

- Bear Bag
- 40 ft (12 m) Rope
- Throw/Rope Bag
- Mini Carabiner
- Small twig (found)

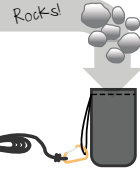
The bear bag should be big enough for all food, trash, and "smellable" items.

Bags with a webbing strap or loop provide a handy clip point

1

FILL THROW BAG

Add rocks, sand, or something with weight to the throw bag. Attach the carabiner (with rope attached) to the bag's draw string.

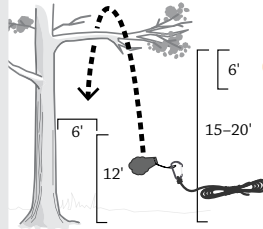


2

TOSS

Toss the throw bag over a sturdy branch that is 15–20 ft (4.5–6 m) above the ground.

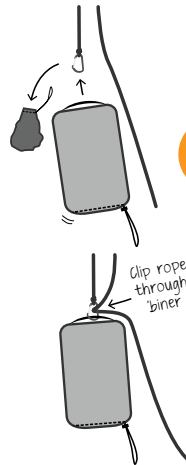
note: When properly hung, the bear bag should hang at least 12 ft (4 m) above the ground and 6 ft (~2 m) down from the branch and 6 ft away from the tree trunk.



3

CLIP BEAR BAG

Unclip the throw bag from the carabiner. Clip the bear bag to the carabiner and then clip the loose end of the rope through the carabiner.



4

PULL

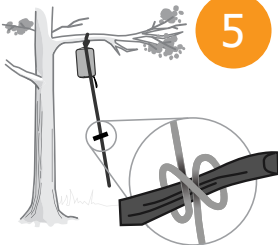
Pull the loose end to raise the bear bag to the top of the tree branch.



5

ADD TOGGLE

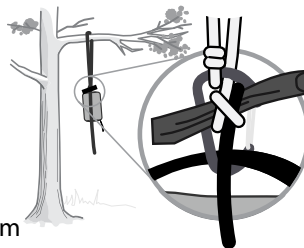
Reach as high as you can and tie a Clove Hitch around the twig on the loose end of the rope, creating a toggle.



6

RELEASE!

Release the loose end of the rope. The bag will slide down and the toggle will slide up until they meet half-way.



©2017 Derek Hansen TheUltimateHang.com

Mail Drop explanation

Mail drops are a popular method of re-supply during a hike. Mail drops are usually arranged prior to the start of your hike. A trusted non-hiking relative, or friend, mails, or ships, your packages to a planned location so that it arrives at the proper time for you to receive it.

Prices in this book

When I called the listed establishments at the end of the previous year's hiking season, the management gave me an estimate of what they would charge this year. They are not obligated to stick to these rates, and prices are subject to change, without notice.

Understanding directions & mileages as mentioned in this book

When referring to North on the Appalachian Trail, it will always be the direction that leads to Mount Katahdin.

When physically on the Appalachian Trail

For North bound hikers: West is Left and East is Right.

For South bound hikers: West is Right and East is Left.

When stepping off the Appalachian Trail

When stepping off the AT on to a side trail or anything other than being on the AT, all directions will be either left or right. This applies the same to North bound and South-bound hikers.

Icons in this book

The icons are intended for quick reference to help you see what is available at that specific location. Read to the right of the icon in the description column for that location to see a better explanation of that particular item or icon. Icons may have a different meaning depending on the location they reference.

Parentheses, braces, and brackets and their meanings

In this book when something is wrapped in parentheses, braces or brackets they have the following meaning.

Parentheses ()

Parentheses are used in conjunction with mileages. If you see something like (1.3), this means 1.3 miles. If you see something like (1.3W), this means 1.3 to the west. (1.3E) would mean 1.3 to the east.

Braces { }

Braces are used in conjunction with quantities. A number inside of braces is the quantity that something will hold. Shelter{6}, meaning the shelter will sleep 6 people.

Brackets []

Brackets are used in conjunction with GPS coordinates. The GPS coordinates will be inside the brackets. [34.62671,-84.19388].

Description of maps in this book

The maps in this guidebook will display what is of greatest interest to hikers. Priority is given to short and long-term re-supply options, (convenience & full-service grocery stores), post offices, pharmacies, laundry, showers, hostels and other lodgings. Other services will be listed on the maps, as space permits.

The maps are drawn to scale with a north-is-up orientation, with a mileage and compass legend on each map. The direction and mileage to get back to the Appalachian Trail will always be indicated, even if the Appalachian Trail is not displayed on the map.

Special thanks

Special thanks to Ed "atraildreamer" Brown for his many hours of dedicated help with putting this book together. He has been my greatest asset.

GPS formatting and icons

The GPS coordinates are in DDD.DDDDDD format.

GPS icons in the location descriptions

When there are GPS coordinates it will be noted with an 📍 icon in the “Features” column. The GPS coordinates will be in the description block preceded by the icon it represents.

If the 📍 icon is the only icon that precedes the coordinates or there is no icon, this means the coordinates are for the descriptions location.

GPS coordinates will get you within eyesight of the location.

Profiles and their icons

The profiles are in 30-mile long increments.

The icons on the profiles are placed in reference to their location on the trail as if you are hiking in the northward direction on the Appalachian Trail.

- Anything listed in the mileage data that has text in bold is listed on the profiles.
- If the icon is above the profile image, this means it is to the west side of the trail.
- If the icon is below the profile image, this means it is to the east side of the trail.

For off-trail locations, the icons in the profiles are oriented in the following manner:

- Icons above the profile line depict items located on the west side of the trail.
 - Icons beneath the profile line depict items located on the east side of the trail.
-

Shuttle providers info and their locations in this guidebook

Shuttle providers are listed in this guidebook by the location of their base of operations. This means where they reside and their proximity to the Appalachian Trail.

Not all shuttle providers listed in this guidebook carry appropriate insurance. It is up to you to ask the shuttle provider whether or not they are insured and/or licensed to do transport, or trust them and take a ride from them without them being properly insured.

Hikers should be sure of their location for a pick-up and give the driver as many details as possible, maybe even GPS coordinates. See the back section of this guidebook for listing of shuttle providers.

Who is considered a shuttle provider?

A shuttle provider is a person that will shuttle hikers to different locations or trail heads up and down the Appalachian Trail. They usually charge a fee.

Who is not considered a shuttle provider?

The person that picks a hiker up from a trail head close to their establishment and back to the same trail head in the morning, if the hiker stays at their establishment. This is not considered a shuttle provider.

Icons Descriptions

★★★★★	See notes and establishments listed below this entry.
💧	Source of drinking water. Indicates dependable water (when icon box is shaded)
🌊	Seasonal water source, not always reliable (unreliable)
✂	Intersection, junction, side trail, connecting trail or adjoining trail.
⌒	{x} AT Shelter and (capacity)
⬆	{x} Tent sites, may sometimes be listed with (capacity) or tent platforms
🌀	Possibilities for hammocks available. In some cases you may have to expand up to 100 feet beyond the area to find trees but you can hang. Availability of hanging also depends on the growth of the underbrush.
🚽	Privy
🐻	Bear cables or bear box available for food bags
📶	●●● Cell phone signal strength, based on a nice clear day.
⚡	Power line, pipe line or electrical wires
⬆	Summit or crest
↔	Direction and miles to next shelter South or North. This does not include the mileage distance the shelter is off the trail.
📷	Views, overlooks or photo opportunities
🗼	Lookout, fire tower or observation tower
⌒	Footbridge, or any other bridge
🛣	Road
🛣	Gravel or dirt roads, logging roads, wood roads, USFS roads, forest roads, fire roads, or any other non-paved roads
🌊	Waterfalls
📍	Attractions, important or historical features, other photo opportunities
🅑	{x} Parking. Vehicle capacity, and fee inside parenthesis. If there is a fee there will be a "\$". Co-ordinates should get you within eyesight of parking area. Always check ahead for parking safety.
\$	Overnight/caretaker fee. On town maps it represents a bank.
⚠	Warnings or things that you need to be aware of
📍	[] GPS coordinates are listed inside of descriptions
🚂	Railroad crossing, tracks
🏊	Swimming possibilities
🍃	Picnic Table or picnic area
🗑	Trash can usually available
🚤	Boating or boats available for use
📄	AT Passport location. Get your book stamp here. (www.atpassport.com). When icon is on maps, it refers to the Appalachian Trail.
🏠	Hostel
🏠	Lodging. May not include tax.
📬	Post Office
📬	Mail drop location
✉	Email address
🐕	Vet or Kennel
🐾	Pet Friendly
🚫	No Pets/Not Pet Friendly
👤	Work For Stay (WFS)
🔥	Fuel for stove
👕	Laundry
💻	Computer available for use
📶	WiFi available
🚿	Shower available
🎒	Slackpacking may be available
🚌	Shuttle, bus, or taxi
🚗	Insured shuttle provider
🏧	Bank/ATM
🛒	Long term resupply (enough food to get to next resupply point)
🛒	Short term resupply (snack, odds & ends)
✂	Anywhere that serves food for a fee
☎	Pay phone or public phone
[^?^]	I need your help finding these coordinates. If you know them, please email me at longtrailpages@gmail.com

Understanding the colors

Warnings or important information

Post Offices are highlighted

Hostels are highlighted

Shuttle Providers are highlighted

Shelters are highlighted

State lines are highlighted

New trail relocation in place

🧑	Outfitter
⚡	Charging station for phone and accessories
❄	Ice cream
🔧	Hardware store
🚻	Public Restroom
🏪	Pharmacy
✂	Barber
📍	Information Area
🍷	Purchase or serves alcohol
🏥	First Aid, doctor, hospital or urgent care
🎬	Movie Theater
■	Not categorized
✈	Airport or airfield
🚌	Bus or bus station
🚂	Train or train station

Description of trail data

Items available at this location

Miles from Springer

Current shelter is 0.1 miles west of the AT

Third shelter south

Second shelter south

First shelter south

Your current Location

First shelter north

Second shelter north

Third shelter north

Elevation

Miles from Mount Katahdin

NoBo Features Description Elev SoBo

15.7 {14} (0.1W) 15.5 <<<12.9 <<7.6 < Gooch Mountain Shelter > 12.0 >> 13.2 >>> 22.3

▲ {6} ☕ ☕ Water (spring) is located 100 yards behind the shelter, {3} ▲ tent pads that can accommodate two tents each, ☕ privy, 🐻 bear box. ☞ [34.65573,-84.04998] 3000 2176.3

Room for 14 people in the shelter, 6 tents, etc.

GPS coordinates for shelter

Description of town data

Telling you Franklin, NC is 10 miles east from the trail head and there is a map in this book

Trail head

Parking coordinates

NoBo Features Description Elev SoBo

109.4 P (15-20) Cross U.S. 64, Winding Stair Gap, piped spring. P [35.11975,-83.54818] 3770 2082.6

Franklin, NC 28734 (10E) (all major services) See map of Franklin for north side and south side.

PO M-F 8:30am-5pm, Sa 9am-12pm. 828-524-3219. 250 Depot St. Franklin, NC 28734. ☞ [35.17885,-83.37433]

Budget Inn 828-524-4403. (www.budgetinnoffranklin.com)

AT Passport location. Open year round. ☞ \$39.99 per person, limited to four per room, \$5 for each additional person. \$50 pet deposit. Rooms include cable TV, refrigerators and microwaves, ☞ computer for use, ☞ free WiFi. ☞ Coin laundry. P ask about shuttles. [35.18228,-83.37731]

Mail drops for guest: 433 East Palmer Street, Franklin, NC 28734.

Icons showing establishments Primary function

Icons showing establishments other amenities

Contact information, mailing address and description of what this place has to offer with icons for quick reference

GPS coordinates for Budget Inn

Post Office hours of operation, phone number, mailing address, GPS coordinates

GPS coordinates for PO

Description of shuttle provider listing

Notes whether provider will take you to airports, bus, or train terminals

Town shuttle service is based out of

Name of shuttle service

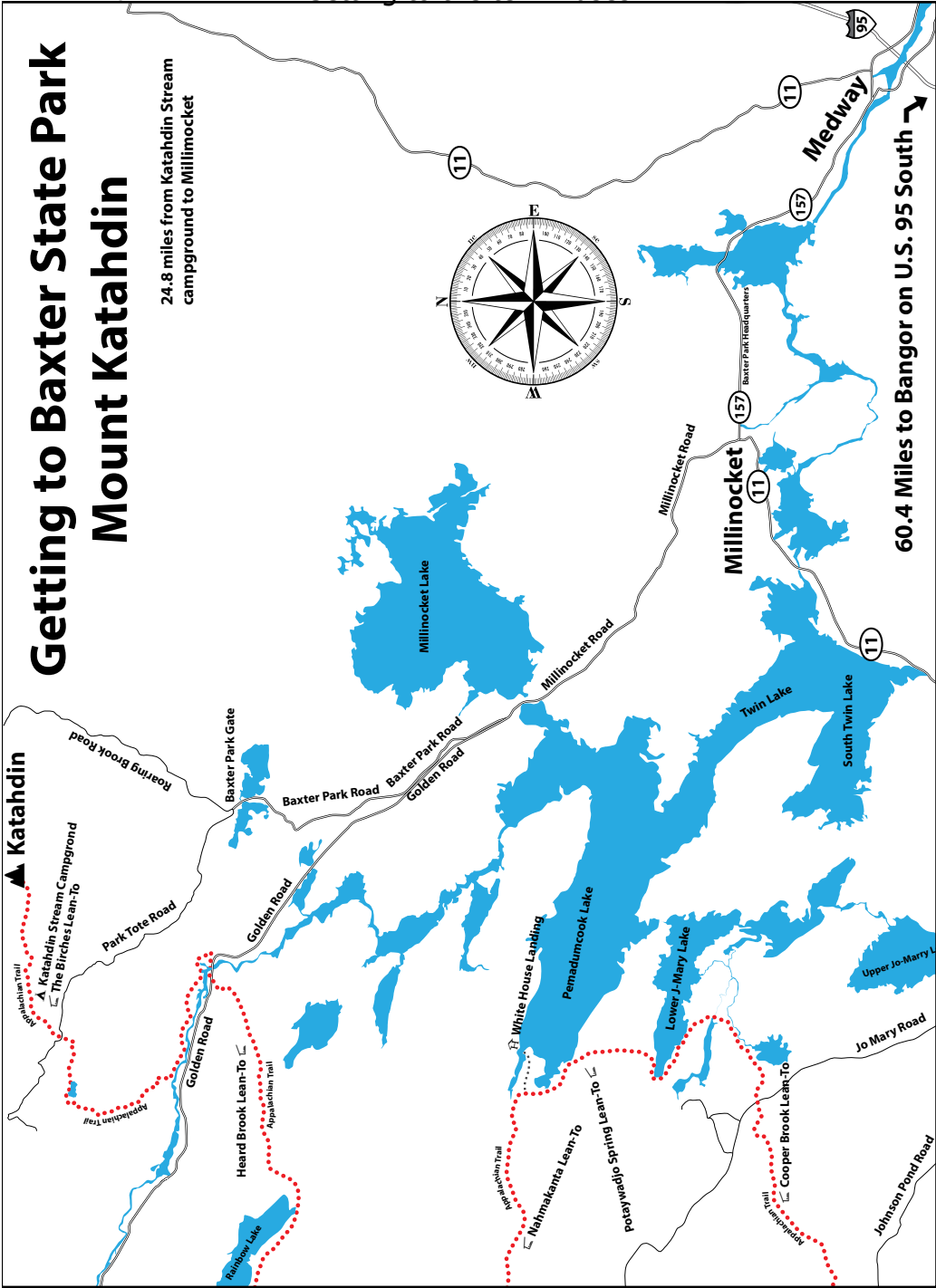
Notes to whether the service is pet friendly, non-pet friendly, or insured

Book page or NOBO Mile with more detailed information

Quick reference to shuttle service areas. However you need to read their descriptions

	Springer Mtn., GA	Newfound Gap, TN	Newfound Gap, TN	Elk Park/Roan Mtn., TN	Elk Park/Roan Mtn., TN	Bland, VA	Bland VA	Buena Vista, VA	Buena Vista, VA	Front Royal, VA	Port Clinton, PA	Port Clinton, PA	Bear Mountain NY	Bear Mountain NY	Bennington VT	Bennington VT	Glenduff NH	Glenduff NH	Stratton ME	Mount Katahdin ME
	1	2	3	4	5	6	7	8	9	10	11									
Name Based out of	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's
Based out of	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA
Pet friendly	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Insurance	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Page or NOBO	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12
A.T. miles covered	0.0-207.8	207.8-395.3	395.3-591.7	591.7-808.5	808.5-971.5	971.5-1219.2	1219.2-1405.5	1405.5-1612.8	1612.8-1793.1	1793.1-2003.8	2003.8-2192.0									
Name	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's
Based out of	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA
Pet friendly	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Insurance	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Page or NOBO	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12
A.T. miles covered	0.0-207.8	207.8-395.3	395.3-591.7	591.7-808.5	808.5-971.5	971.5-1219.2	1219.2-1405.5	1405.5-1612.8	1612.8-1793.1	1793.1-2003.8	2003.8-2192.0									
Name	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's
Based out of	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA
Pet friendly	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Insurance	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Page or NOBO	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12
A.T. miles covered	0.0-207.8	207.8-395.3	395.3-591.7	591.7-808.5	808.5-971.5	971.5-1219.2	1219.2-1405.5	1405.5-1612.8	1612.8-1793.1	1793.1-2003.8	2003.8-2192.0									
Name	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's
Based out of	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA
Pet friendly	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Insurance	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Page or NOBO	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12
A.T. miles covered	0.0-207.8	207.8-395.3	395.3-591.7	591.7-808.5	808.5-971.5	971.5-1219.2	1219.2-1405.5	1405.5-1612.8	1612.8-1793.1	1793.1-2003.8	2003.8-2192.0									
Name	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's
Based out of	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA
Pet friendly	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Insurance	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Page or NOBO	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12
A.T. miles covered	0.0-207.8	207.8-395.3	395.3-591.7	591.7-808.5	808.5-971.5	971.5-1219.2	1219.2-1405.5	1405.5-1612.8	1612.8-1793.1	1793.1-2003.8	2003.8-2192.0									
Name	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's
Based out of	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA
Pet friendly	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Insurance	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Page or NOBO	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12
A.T. miles covered	0.0-207.8	207.8-395.3	395.3-591.7	591.7-808.5	808.5-971.5	971.5-1219.2	1219.2-1405.5	1405.5-1612.8	1612.8-1793.1	1793.1-2003.8	2003.8-2192.0									
Name	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's
Based out of	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA
Pet friendly	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Insurance	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Page or NOBO	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12
A.T. miles covered	0.0-207.8	207.8-395.3	395.3-591.7	591.7-808.5	808.5-971.5	971.5-1219.2	1219.2-1405.5	1405.5-1612.8	1612.8-1793.1	1793.1-2003.8	2003.8-2192.0									
Name	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's
Based out of	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA
Pet friendly	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Insurance	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Page or NOBO	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12
A.T. miles covered	0.0-207.8	207.8-395.3	395.3-591.7	591.7-808.5	808.5-971.5	971.5-1219.2	1219.2-1405.5	1405.5-1612.8	1612.8-1793.1	1793.1-2003.8	2003.8-2192.0									
Name	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's
Based out of	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA
Pet friendly	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Insurance	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Page or NOBO	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12
A.T. miles covered	0.0-207.8	207.8-395.3	395.3-591.7	591.7-808.5	808.5-971.5	971.5-1219.2	1219.2-1405.5	1405.5-1612.8	1612.8-1793.1	1793.1-2003.8	2003.8-2192.0									
Name	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's	Rodney's
Based out of	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA	Ellijay, GA
Pet friendly	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Insurance	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞	☞
Page or NOBO	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12	Pg 12
A.T. miles covered	0.0-207.8	207.8-395.3	395.3-																	





Getting to the Southern Terminus, Springer Mtn

The southern terminus of the Appalachian Trail is on top of Springer Mountain, and is accessible only by foot.

Starting at Amicalola Falls or Big Stamp Gap

There are two factors to consider as to whether you want to start your hike at Big Stamp Gap/USFS 42 or at Amicalola Falls State Park.

1. If starting at Amicalola Falls State Park, you have to hike the Approach Trail that leads to the AT. The Approach Trail is 8.8 miles. The start of the Approach Trail is a staircase of 604 steps. Do you want to add another 8.8 miles onto your already planned 2,000 plus mile hike?
2. If you start at Big Stamp Gap, you are 1.0 miles north on the AT already. If you want to get to Springer Mountain (the actual beginning of the AT) you will have to hike south on the AT for 1.0 miles and then retrace your steps back. This is a very easy in & out hike. Cost comparisons and time are the factors to consider here. Spending a day traveling from Atlanta to Amicalola Falls and another day to hike up the approach trail, vs. going direct to the AT from the airport and hiking northbound on the AT about 4 hours after your plane lands.

Springer Mountain, Amicalola Falls State Park, Georgia

The closest major city to the southern terminus of the AT is Atlanta, GA, 103 miles from Big Stamp Gap and the nearest point to get on the AT. It is 82 miles from Amicalola Falls State Park, if you want to hike the Approach Trail. Some shuttle services will pick you up in Atlanta, but it is more economical to take Greyhound or AMTRAK to Gainesville to go 42 miles to Big Stamp Gap or 38 miles from the Amicalola Falls State Park.

Greyhound, (www.greyhound.com/north).

AMTRAK, (www.amtrak.com/).

Suggestions:

Hikers will likely find information directing them from the Atlanta airport to take public transportation (MARTA) from the airport to North Springs MARTA station and find a ride to the AT from there. Some have found an Uber ride to Amicalola Falls Park where they ascend the 8 mile approach trail to the AT starting point, to the summit of Springer Mountain. MARTA train schedules, (www.martaguide.com/train-schedules/)

However, shuttle drivers like to avoid the very heavy traffic around North Springs, where snarled traffic often adds 2-3 hours to a trip leaving other hikers waiting. It is much faster to ride directly from the Atlanta airport to the top of Springer Mountain by a route that avoids the GA Hwy 400 traffic. By doing this, you will avoid a long, expensive ride around Atlanta to North Springs, finding transportation to Amicalola, paying for a campsite or a room at the lodge, and spending a day on the Approach Trail.

Going directly to Springer Mountain can save a hiker at least one and a half days by avoiding the Approach Trail out of Amicalola Falls State Park, but costing perhaps \$30 more than the North Springs route.

Driving directions to Springer Mountain from Amicalola Falls State Park

Turn right when leaving Highway 52 for 7.8 miles.

Follow Southern Road for 7.8 miles.

Turn right onto Roy Road for 5.0 miles.

Turn right onto Doublehead Road for 2.1 miles until you see Mt. Pleasant Church on your left.

Turn right onto dirt road (Forest Service Road 42 is unsigned).

You should see a large sign indicating that this is the entrance to the Blue Ridge Wildlife Management Area. There should also be a small brown sign saying : "Springer Mt. 6.5 miles".

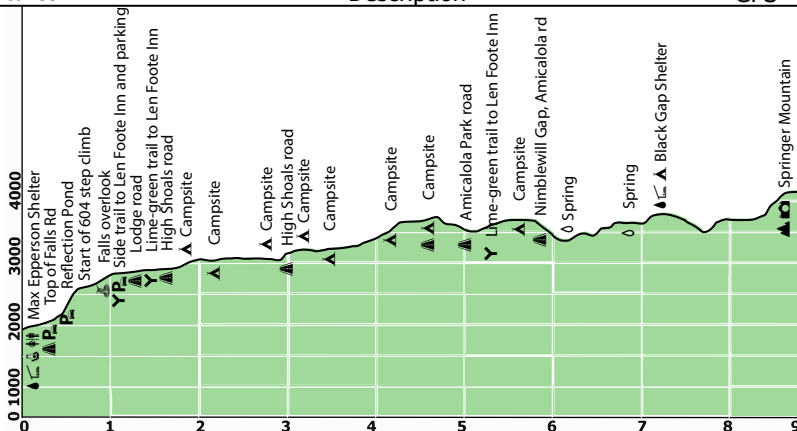
NoBo Features




































































































































Description

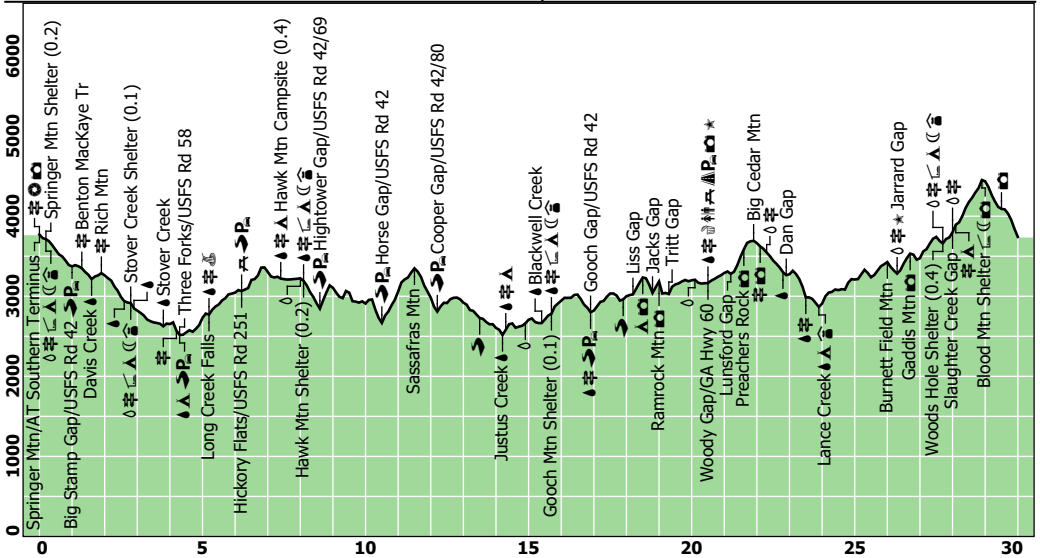
GPS




Elev

SoBo



0.0	  	Approach Trail Southern Terminus , pass under stone archway. Restroom, water.	 [34.55790,-84.24975]	1807	8.8
	 	Visitors Center , AT Passport location. Carries cold drinks and snacks.	 [34.55782,-84.24953]  [34.55806,-84.25022]		8.7
0.1	  	(50 ft east) Max Epperson Shelter >7.2 For thru-hikers only.	 [34.55808,-84.24868]	1830	
0.3	 	Cross Top of the Falls Rd.  Parking lot.	 [34.56098,-84.24733]		8.5
0.5	 	Reflection Pond. Base of Amicalola Falls.	 [34.56359,-84.24696]	1960	8.3
0.8	 	The start of 604 step climb on staircase.	 [34.56623,-84.24532]	2154	8.0
1.0	 	Falls overlook.	 [34.56743,-84.24424]	2257	7.8
1.1	 	Parking lot and side trail to to Len Foote Hike Inn. Large parking lot. Pit toilet available at the parking lot. Sometimes there is a concession stand.	 [34.56718,-84.24353]	2547	7.7
1.2	 	Cross Amicalola Falls Lodge Road. Trail crosses  bridge over  Amicalola Creek.	 [34.56854,-84.24296]	2607	7.6
	 	Amicalola Falls Lodge 800-573-9656 . Offers lodging rooms, cabins, and campsites. Rates vary depending on the season. Call for reservations and more information.  418 Amicalola Falls Lodge Rd, Dawsonville, GA 30534.	 [34.565362,-84.242509]		
1.3	 	(5.0E) on lime-green trail to Len Foote Hike Inn.	 [34.56960,-84.24168]	2631	7.5
1.4	 	Cross High Shoals road. Bridge over	 [34.57151,-84.24195]	2570	7.4
1.7	 	Campsite to the east,  tenting and  hammocks.	 [34.57211,-84.24281]	2663	7.1
1.8	 	Campsite to the east,  tenting  hammocks.	 [34.57393,-84.24390]	2803	7.0
2.3	 	Campsite to the west,  tenting  hammocks.	 [34.58165,-84.24367]	2874	6.5
2.8	 	Campsites to east and west.  tenting, 2 site east of trail and 4 sites west of trail  hammocks.	 [34.58656,-84.23908]	2732	6.0
3.0	 	Cross High Shoals Road.	 [34.58788,-84.23764]	2821	5.8
3.1	 	Campsite to the west,  tenting and  hammocks.	 [34.58839,-84.23705]	2284	5.7
3.4	 	Campsite to the west,  tenting  hammocks.	 [34.59135,-84.23726]	2993	5.4
4.2	 	Campsite to the west,  tenting  hammocks.	 [34.59764,-84.23039]	3328	4.6
4.6	 	Frosty Mountain.  Campsites  hammocking.  Spring (0.2E) reliable.	 [34.59639,-84.22650]  [34.59950,-84.22354]	3390	4.2
5.0	 	Old USFS 46 unused tote road.	 [34.60869,-84.21430]	3202	3.8
5.3	 	(1.0E) on lime-green trail to Len Foote Hike Inn.	 [34.60180,-84.21901]	3373	3.5
	   	Len Foote Hike Inn 800-581-8032 (www.hike-inn.com)  No pets.  AT Passport location. Open year round.  Bunk room. \$132 single, \$184 double. Each room sleeps two adults. A camp mat may be provided for one child under twelve years of age to sleep on the floor. There are no outlets. Bunk includes linens.  Includes dinner and breakfast. Reservations recommended.  [34.59225,-84.20848]			
5.6	 	Campsite to the west,  tenting  hammocks.	 [34.60464,-84.21628]	3354	3.2
5.9	 	Nimblewill Gap. Cross Amicalola Park Road.	 [34.60869,-84.21430]	3065	2.9
6.1	 	Spring 100 ft on side trail to, unreliable.	 [34.61593,-84.20733]	3142	2.7
6.9	 	Water, unreliable.	 [34.61593,-84.20733]	3364	1.9
7.3	    	(0.1W) 7.2 < Black Gap Shelter  Spring is located on east site of the trail (0.2) steep downhill.  Tenting and  hammocks to the west.  Bear cables.	 [34.61531,-84.19720]  [34.61746,-84.19845]	3195	1.5
8.4	 	Water 50 feet west, unreliable.	 [34.62477,-84.19177]	3575	0.4
8.8		Springer Mountain.	[34.62671,-84.19388]	3782	0.0



0  **Springer Mountain**, rock overlook at summit. AT bronze plaque located here and register located in rock.  Blue blaze trail is the Approach Trail from Amicalola Falls. **Don't forget your starting photo and to sign the register.**  [34.62671,-84.19388] 3782 2194.3



See list of shuttle providers that service this area on page 14-15.

0.2 $\Delta\{18\}$
 $\subseteq\{12\}$
 $\curvearrowright\{9\}$
 $\hat{=}\{2\}$

(0.2E) **Springer Mountain Shelter** > 2.6 >> 7.9 >>> 15.5

Water (spring) 80 yards on a blue blazed trail in front of the shelter but is known to go dry, ▲ tenting, ☼ privy, 🐻 2 bear boxes. ♣ Benton MacKaye Trail (southern terminus) is located 50 yards north on the AT. ♣ [34.62864, -84.19445] ☼ [34.62933, -84.19275]

2194.1

0.3		Junction with Benton MacKaye to the east.		[34.62977,-84.19433]	3746	2194.0
-----	---	---	---	----------------------	------	--------

1.0 **SP**_[25] Cross **USFS 42, Big Stamp Gap**. Information board. **P**_[Parking fee. **P**_[34.63760,-84.19538] **P**_[34.63733,-84.19515]³³⁵⁰ 2193.3

1.3		Junction with Benton MacKaye Trail .	[34.63972,-84.19153]	3430	2193.0
-----	---	---	--	------	--------

1.6		Cross Davis Creek and small tributary.	[34.64370,-84.19140]	3235	2192.7
-----	---	---	--	------	--------

19	29	Rich Mountain ridge crest. Benton MacKaye Trail junction east.	3303	2192	4
----	----	---	------	------	---

1.9 [34.64772,-84.19249]⁵⁵⁰³ 2192.4

2.6		Cross Stover Creek.	[34.64844,-84.19792]	2993	2191.7
-----	---	---------------------	--	------	--------

▲ Water behind shelter is often dry but good water can be found

2.8 {16} • Water behind shelter is often dry but good water can be found where trail crosses Stover Creek 100 yards north of shelter. ▲ tent pads ☿ privy ≡ bear cables


er Creek 100 yards north of shelter, ▲ tent pads, & privy, ■ bear cables.
✉ [34.65007,-84.19790] ✈ [34.65028,-84.19720] 2191.5




Distance	Location	Latitude	Longitude	Altitude	Temperature
2.9	Cross Stover Creek	34.65084	-84.19812	2850	2191.4

3.8		Cross Stover Creek	[34.65940,-84.19020]	2660	2190.5
-----	---	---------------------------	--	------	--------


42	9	Junction with Benton MacKaye to the east, Duncan Ridge Trail to west.	2580	2190	1
----	---	---	------	------	---

📍 坐标[34.66230,-84.18450] Z500 Z190.1




4.3  Cross **USFS 58, Three Forks.** Stover Creek, Chester Creek, and Long Creek all converge here. **B.** Parking

4.3 **P**₅₋₆  here. **P**₅ Parking. 2530 2190.0
 [34.66327,-84.18443]  [34.66356,-84.18413] **P**₅ [34.66348,-84.18395]






Trail junctions to **Long Creek Falls**, Benton MacKaye and Duncan Ridge Trails.

5.2		BMT is marked with white diamonds, Duncan Ridge is marked with blue blazes to the	2800	2189.1
-----	---	---	------	--------

west, Long Creek is also blue blazed. 卒[34.66670,-84.17184] 塚[34.66771,-84.17089]

6.2   Cross **USFS 251, Hickory Flats**,  picnic pavilion, Hickory Flats cemetery is located 3000 2188.1





0.2 P₆₋₈ (0.1) west [34.66538, -84.16198] Ridgecrest below **Hawk Mountain** - campsite located (0.4W) tent pads

7.4   {30} Ridgecrest below **Hawk Mountain**,  campsite located (0.4W) tent pads.
 [34.66405,-84.14511]  [34.66630,-84.14945] 3250 2186.9

7.4 4.5 (50)

8.0		Cross Stream, skirts the side of Hawk Mountain.	[34.66350,-84.13858] ³¹⁹¹	2186.3
-----	---	---	--	--------

♠ ♣ ♠ (0.2W) 7.9 << 5.3 < Hawk Mountain Shelter > 7.6 >> 19.6 >>> 20.8

8.1  {16}  Water is located 400 yards on a blue blazed trail behind the shelter,  tent pads,  3194

privy, bear cables. [34.66467,-84.13702] [34.66608,-84.13638] 2186.2
 Cross US56 43/60. Hightower Gap. Parking S [34.66354,-84.13076]

8.6 ➡ **P₂{8}** Cross **USFS 42/69, Hightower Gap.** Parking. ➡ [34.66354, -84.12976]
P [34.66363, -84.12976] 2854 2185.7

[-154.00305, -84.12976]

NoBo	Features	Description	GPS	Elev	SoBo
10.5	➔P ₂ {6-8} ♀	Cross Horse Gap . USFS 42 is visible ➔[34.65549,-84.10545] P ₂ [34.65573,-84.10580]		2673	2183.8
11.5	▲▲♀	Sassafras Mountain , summit ▲[34.65317,-84.09424]		3336	2182.8
12.2	➔P ₂ {6} ♀	Cross USFS 42/80, Cooper Gap , P ₂ parking. ➔[34.65302,-84.08471] P ₂ [34.65305,-84.08450]		2800	2182.1
13.5	➔▲♀	Cross logging road . ➔[34.66099,-84.07225]		3024	2180.8
14.2	♂♀	Cross Justus Creek . ▲[34.65986,-84.06250]		2564	2180.1
14.3	♂▲♀	Trail to the west to ▲ tent pads. Water source is Justus Creek ▲[34.65914,-84.06238]		2626	2180.0
14.9	♂♀	Cross Small stream ▲[34.65741,-84.05737]		2605	2179.4
15.3	♂♀	Cross Blackwell Creek . ▲[34.65396,-84.05200]		2601	2179.0
15.7	♂♀ ▲{12} ☑{14} ~(☑)♀	(0.1W) 15.5<<<12.9<<<7.6<Gooch Mountain Shelter>12>>>13.2>>>22.3 ♂ Water (spring) is located 100 yards behind the shelter, ▲ tent pads that can accommo- date two tents each, ☑ privy, ♀ bear box. ☑[34.65492,-84.04948] 3000 ☑[34.65573,-84.04998] ▲[34.65652,-84.04954]			2178.6
16.9	➔P ₂ ♀	Cross USFS 42, Gooch Gap , ♀ Water is located north 100 yards north and east 200 yards on a blue blazed trail. ➔[34.65217,-84.03225] P ₂ [34.65210,-84.03230]		2821	2177.4
17.0	♂♀	Marked trail to water 230 yards east on old road. ♂[34.65237,-84.03154]		2804	2177.3
17.9	➔♀	Cross abandoned Grassy Gap Road. ➔[34.66390,-84.02598]		2955	2176.4
18.2	♀	Liss Gap ♀[34.66821,-84.02573]		3032	2176.1
18.3	▲(3)♂♀	Morris Knob. ▲ Tenting to the east, room for three tents. ♂ Views to the west. ▲[34.67008,-84.02103]		3238	2176.0
18.8	♀	Jacks Gap ♀[34.67153,-84.01747]		3045	2175.5
19.0	♂♀	Follow crest of Ramrock Mountain , rock outcropping, views to south. ♂[34.67275,-84.01637]		3260	2175.3
19.3	♀	Tritt Gap ♀[34.67293,-84.01186]		3031	2175.0
20.1	♂♀	Creek. ♂[34.67327,-84.00359]		3281	2174.2
20.5	♂P ₂ {40} ♂♀ ★★★★★	Cross GA. 60, Woody Gap , ♀ picnic area, ♀ water (spring) is located (0.1) west of the AT on northern side of the gap. ♂ Good view to the southeast of parking area. ▲[34.67759,-83.99993] P ₂ [34.67765,-83.99978]		3198	2173.8
<div> <div> </div> <div> (1.3W) Above The Clouds Hostel 706-747-1022 (hostel) 678-983-0954(cell) ✉ atchostel@gmail.com. (www.abovethecloudshostel.com) ☑ Currently not pet friendly but it's in the works. ☑ AT Passport. ☑ Bunkrooms and ☑ lodging for up to 14. ☑ Shower, ☑ laundry. ☑ Free WiFi. ☑ Community meals. ☑ Resupply. Community space. ☑ Shuttles and ☑ Slackpacking. ☑[34.68316,-84.01732] </div> </div>					
<div> <div> </div> <div> (2.9E) Kennedy Creek Resort 404-720-0087 ☑ kennedycreekresort@gmail.com (kennedycreekresort.com) ☑ Pet friendly ☑ Bunk houses & dormitory. \$40 per night plus \$5 cleaning fee, ☑ laundry. ☑ Cabins also available. ☑ Dinner, just under \$20. ☑ Free Wi-Fi. 3001 High Valley Rd, Suches, GA 30572. ☑[34.69709,-84.01439] </div> </div>					
<div> <div> </div> <div> (6.5E) Hiker Hostel at Barefoot Hills Hotel 770-312-7342 ☑ reservations@barefoothills.com (www.barefoothills.com) ☑ AT Passport Location. Open year round. ☑ Single bunk accommodations in hostel priced from \$35+ per night, depending upon day of week, seasonality and general availability. ☑ Private rooms and cabins begin at \$95+ for up to two guests. Private rooms and cabins can accommodate up to 2-6 guests at a time depending on room type. Group rates and specials available. Discount for active and retired military personnel during direct reservation call. All stays include new bed linens and towels, and shower. ☑ Lunch and dinner available for purchase. Beer, wine, bottled water and Coca-Cola products available for purchase in cans or bottles. Beer and wine are also available for purchase with daily happy hour specials from 5-7 pm. Grab-n-go snacks and meals are available for purchase in the cafe. ☑ Limited retail supplies available for purchase onsite including ☑ canister fuel, hiking gear, supplies, and dried food. P₂ Overnight parking, ☑ laundry service and ☑ kayak rentals also available (for registered guests only). ☑ Free WiFi is available, and all accommodations are equipped with smart televisions for use with personal Netflix, Hulu and other streaming services. ☑ Ask about shuttles to and from select trail heads and gaps, local wineries, and downtown Dahlonega for an extra fee. ☑[34.61318,-83.96511] </div> </div>					
☑ Mail drops: (USPS/FedEx/UPS) 7693 US Highway 19N, Dahlonega, GA 30533.					
Suches, GA (2.0W)					
<div> <div> </div> <div> PO M-F 12:15pm - 4:15pm, Sa-SU Closed. 706-747-2611. 72078 State Highway 60 Suches, GA 30572. ☑[34.69004,-84.02210] </div> </div>					
<div> <div> </div> <div> (2.0W) Wolfpen Gap Country Store 706-747-2271. ☑ AT Passport location. ☑ Store: M 7am-9pm, Tu 7am-10pm, W 7am-9pm, Th-Sa 7a,-10pm, Su 8am-9pm. ☑ Coleman fuel by the ounce & canisters. Full menu, with hamburgers, chicken, Philly cheese steaks, etc., served Thursday - Sunday. ☑[34.68938,-84.02203] </div> </div>					

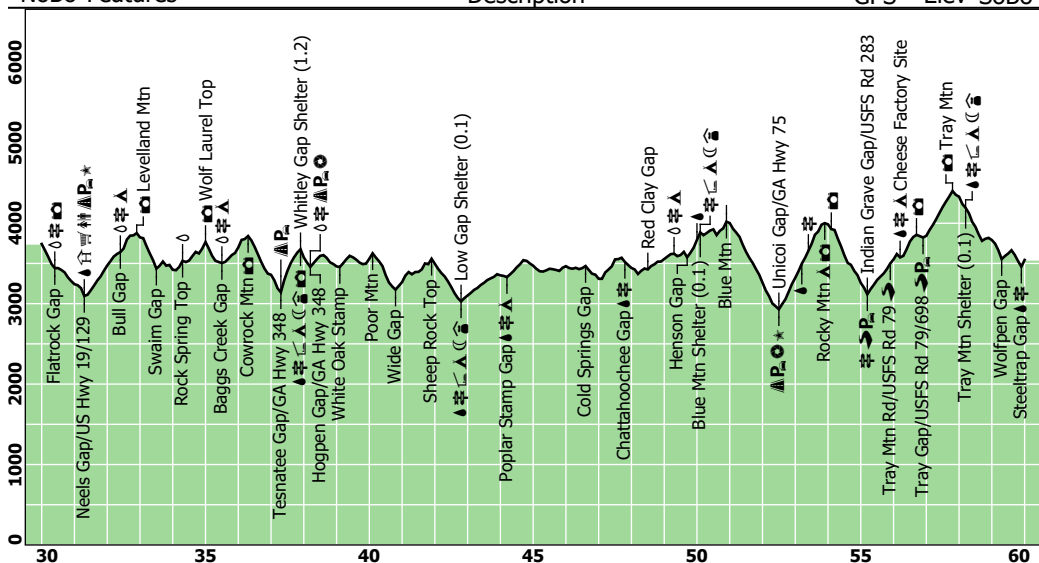
NoBo Features	Description	GPS	Elev	SoBo
	Suches Hiker Shuttles 678-967-9510 "Ask for Murriss" ✉ murrismiller@gmail.com (FB: HikershuttlesinGA) Owner: Murriss. Based out of Suches, GA. 🐾 Pet friendly. 🛡 Insured. 365 days, 24/7 & holidays. S to Atlanta Airport < > N to Fontana Dam & ✈ airport, 🚌 bus & 🚆 train stations. 🎒 Slackpacking. "Groups OK. Propane available."			
	A.T. Hiker Shuttle 404-569-8776, ✉ beady2727@gmail.com. Owner: Bret Eady – "Suches". Based out of Suches, GA. 🐾 Pet Friendly. 🛡 Insured. 365 days, 24/7 & some holidays. S to Atlanta, GA. / Springer Mountain < > N to Fontana Dam & ✈ airport, 🚌 bus & 🚆 train terminals. 🎒 Slackpacking. Offering Georgia Section Hike Package. SOBO A.T. Thru Hiker 2017, SOBO BMT Thru Hiker 2019."			
	White Blaze Shuttle Services 706-300-8964 (cell) ✉ whiteblazeshuttleservices@gmail.com Owner Michelle Cofer. Based out of Dahlonega GA. 🐾 Pet friendly 🛡 Insured. 365 days, 6am-9pm & some holidays. Ask about holidays. Range varies by season - call. S to Atlanta < > N to Wayah Bald, NC & ✈ airport, 🚌 bus and 🚆 train terminals. 🎒 Slackpacking. "Covid-limited operations - call ahead. Covid precautions used."			
	Jeff's Appalachian Trail Shuttles & Tours 706-994-2307 Owner: Jeff Moon. Based out of Blairsville, GA. 🐾 Pet friendly 🛡 Insured. 365 days, 24/7 & holidays. S to Atlanta, GA < > N to Fontana Dam, NC & ✈ airport, 🚌 bus & 🚆 train terminals. 🎒 Slackpacking. 🅅 Parking, free. "Ready to help anyone anytime. In-depth knowledge of the area's history, happenings, and culture." Covid precautions. Masks optional.			
21.6	Preachers Rock, view,		3580	2172.7
21.9	Rocky face of Big Cedar Mountain , Preaching Rock, rock outcrop just south of summit. 📍 [34.68721,-83.99403]	3737	2172.4	
22.3	♂ Small spring to west in Augerhole Gap .		3624	2172.0
22.8	Cross small stream on east slope of ridge.	♂ [34.69725,-83.98982]	3310	2171.5
22.9	Dan Gap .	♀ [34.69873,-83.98890]	3261	2171.4
23.6	Miller Gap . Cross Dockery Lake Trail. ♀ Spring about 100 yards east on Dockery Lake Trail. Dockery Lake Trail leads (3.5) east to Dockery Lake Recreation area. 📍 [34.70344,-83.98510]	3050	2170.7	
24.0	Lance Creek , ▲ tent pads are located 100 yards north on the ♀ creek, 🐻 bear cables. ▲ Last reliable water heading NOBO until Neels Gap (7.3 miles). ▲ [34.70801,-83.98477]	2880	2170.3	
25.7	Flat area known as Burnett Field Mountain .	[34.72220,-83.97032]	3480	2168.6
26.1	♂ Water (spring) unreliable		3330	2168.2
26.3	Jarrard Gap , USFS, water (stream) is located (0.3) west. Jarrard Gap Trail (1.0) west to Lake Winfield Scott. ★★★★★ 📍 [34.72657,-83.96492] ▲ [34.73406,-83.97318]	3250	2168.0	
▲	(1.0W) on the Jarrard Gap Trail (blue blazed) to Lake Winfield Scott Recreation Area (https://www.recreation.gov/camping/campgrounds/234469) ▲ \$18 Tent sites for 5 persons and two vehicles, 🚿 showers and bathrooms. 🅅 Parking. ▲ [34.73244,-83.97650]			
▲ "Bear canisters seasonally required for camping between Jarrard Gap and Neel Gap" A new U.S. Forest Service rule requires approved bear-resistant storage containers for overnight camping on a 5-mile stretch of the A.T. in the Chattahoochee National Forest between Jarrard Gap and Neel Gap, between March 1 and June 1 each year. This stretch is located between points 26.7 and 31.3 miles north of the southern terminus of the A.T. at Springer Mountain, Georgia, and includes Woods Hole Shelter, Slaughter Creek Campsite, and Blood Mountain Shelter. Bear canisters should be used to store food, food containers, garbage and toiletries.				
26.7	Reach shoulder of Gaddis Mountain . Bird Gap (0.4W) 24.9<<<19.6<<12<Woods Hole Shelter>1.2>>10.3>>>15.1	♀ [34.72966,-83.96118]	3536	2167.6
27.7	Water (stream) on trail to shelter is unreliable in dry months, ☞ privy, ▲ tenting, 🐻 bear cables. Bird Gap, Freeman Trail just east bypasses Blood Mtn. and rejoins AT at Flatrock Gap. 📍 [34.73706,-83.94835] ☞ [34.73713,-83.95500]	3650	2166.6	
28.0	Slaughter Creek Trail at Slaughter Creek Gap , ♂ water is unreliable. 📍 [34.74080,-83.94410]	3790	2166.3	
28.1	Slaughter Creek campsite to the west, ▲ tent pads. ▲ Fires are not permitted. ▲ [34.74044,-83.94448]	3800	2166.2	
28.5	Duncon Ridge and Coosa Trail west. Blood Mountain, open rocky summit. 📍 [34.74192,-83.94128]	4168	2165.8	
28.9	20.8<<<13.2<<1.2<Blood Mountain Shelter>9.1>>>13.9>>>21.2 Shelter is located south of summit, no water at shelter, ☞ privy, view. ▲ Fires are not permitted. ☞ [34.73998,-83.93738]	4461	2165.4	
29.5	Trail follows steep rock slope with views		4334	2164.8

NoBo Features

Description

GPS

Elev SoBo



30.3 **Flatrock Gap.** Water is located (0.1) west, unreliable. Trail to Byron Reece Memorial Trail leads west (1.0) to U.S. 19 and parking. [34.73558,-83.92839] 3487 2164.0
 [34.74293,-83.92093]

30.4 Balance Rock to the east of Trail. [34.73516,-83.92723] 3453 2163.9

31.3 {8} **Cross U.S. 19/129, Neel Gap.** Walasi-Yi Center. Last reliable water heading SOBO until Lance Creek at mile (7.3 miles). Last reliable water heading NOBO until Low Gap Shelter (11.5 miles) 3125 2163.0
 [34.73542,-83.91818] [34.74061,-83.92016]

NoBo Features

Description

GPS Elev SoBo

The Further Shuttle Appalachian 772-321-0905 (Grateful's cell) ✉ indigioskies4u@gmail.com (www.gratefulhiker.com) Owner: Donald - "Grateful". Based out of Blairsville, GA. Pet friendly. 365 days - 24/7. & holidays.
S to Atlanta airport < > Roan Mtn & airports, bus & train terminals. Slackpacking. Parking, free, short-term, for section hikers. Unable to provide parking for thru hikers. "We have several drivers and have private rooms to rent by the airport. Covid precautions, as needed."

Blairsville, GA 30514 (14W) All major services. [34.87576,-83.95754]

Dahlonega, GA 30597(17E) All major services. [34.53253,-83.98501]

32.4 **Bull Gap**, water (spring) on blue blazed trail to the west downhill 200 yards. [34.73249,-83.90763] 3644 2161.9

32.8 **Levelland Mountain**, wooded summit. [34.73204,-83.90128] 3942 2161.5

33.0 Crest of Levelland Mountain, open rocky area, view. [34.73055,-83.89836] 3668 2161.3

33.4 **Swaim Gap**. [34.72561,-83.89124] 3450 2160.9

34.3 Pass west of **Rock Spring Top**, water (spring) is located to the west of the trail. [34.72681,-83.88535] 3520 2160.0

35.0 **Wolf Laurel Top**, open rock face east of the trail offers views. [34.72517,-83.87463] 3766 2159.3

Baggs Creek Gap, not an obvious gap. Water (spring) is located down an overgrown road to the west, not an ATC approved camping spot. 3591 2158.8
 [34.72628,-83.86614] [34.72734,-83.86590]

36.3 **Cowrock Mountain**, summit offers good views of the valley below. [34.72159,-83.85647] 3842 2158.0

37.3 **GA. 348, Tesnatee Gap** and Russell Scenic Highway. [34.72626,-83.84770] 3138 2157.0

37.8 Rock cliff with views of Cowrock Mountain and gorge of Town Creek. [34.72617,-83.84371] 3614 2156.5

Crest Wildcat Mountain. 2156.3

38.0 (1.2E) **22.3<<<10.3<<9.1<Whitley Gap Shelter>4.8>>12.1>>>20.2** 3370

Water (spring) located (0.2) beyond shelter, privy, bear cables. (0.1E) beyond shelter to tent sites. [34.72476,-83.84102] [34.71238,-83.83440]

Cross **GA. 348**, Hogpen Gap, water (spring) south side of road on a blue blazed trail. **AT**

38.2 **plaque on rock**. [34.72532,-83.83910] [34.72590,-83.83988] 3450 2156.1

Blairsville, GA 30514 (14.0W) All major services. See Notes at NOBO mile 31.3. [34.87576,-83.95754]

39.1 **White Oak Stamp**, ridge crest. [34.73256,-83.82967] 3470 2155.2

40.2 **Poor Mountain**, summit. [34.74645,-83.82610] 3650 2154.1

40.8 **Wide Gap**. [34.75524,-83.82822] 3169 2153.5

42.0 **Sheep Rock Top**, rocky summit. [34.76882,-83.82884] 3600 2152.3

(190 yds E) **15.1<<<13.9<<4.8<Low Gap Shelter>7.3>>15.4>>>22.8** 2151.5

42.8 Water located 30 yards in front of shelter, tenting, privy, bear cables. | Last reliable water heading SOBO until Neels Gap (11.5 miles) 3050
 [34.77659,-83.82627] [34.77626,-83.82450]

44.2 **Poplar Stamp Gap**, water (stream) is located several (0.1E) down an old road bed. [34.78964,-83.81352] 3330 2150.1

46.6 **Cold Springs Gap**, pay no attention to the name you will not find a spring, Tenting. [34.81072,-83.80993] 3300 2147.7

47.8 **Chattahoochee Gap**, Jack's Gap Trail west (2.4) to GA. 180 and parking. Water (spring) is located 200 yards east on a steep blue blazed trail. 3500 2146.5
 [34.82242,-83.79717] [34.84786,-83.79873]

48.5 **Red Clay Gap**. [34.82243,-83.78732] 3485 2145.8

49.2 Campsites to west of trail. [34.82230,-83.77704] 3600 2145.1

49.4 Campsites to west of trail. [34.81759,-83.77594] 3500 2144.9

49.6 Flat area known as Rocky Knob. Water is about 150 yards west down rocky slope. [34.81703,-83.77443] 3629 2144.7

49.7 **Henson Gap**. [34.81666,-83.77298] 3580 2144.6

50.0 Spring on west side trail. This is the water for Blue Mountain Shelter. [34.81673,-83.76812] 3890 2144.3

(0.1W) **21.2<<<12.1<<7.3<Blue Mountain Shelter>8.1>>15.5>>>23.6**

50.1 (No potable water) at shelter, water (spring) located (0.1) south of shelter on AT, tenting, privy, bear cables. [34.81665,-83.76706] [34.81721,-83.76673] 3900 2144.2

51.0 **Blue Mountain**, summit [34.81261,-83.75489] 4025 2143.3

52.5 **GA. 75, Unicoi Gap**, AT plaque placed in a rock on north side of road. [34.802115,-83.74299] [34.80178,-83.74281] 2949 2141.8

Budget Inn Shuttles Hiawassee Budget Inn bus runs from Dick's Creek & Unicoi Gap to and from Hiawassee. Will be around the trail heads in the morning about 9:45 & 11:45 for pickup. They will be a \$10 shuttle fee. Will drop hikers off in town, Holiday Inn Express, Mulls, and Budget Inn.

Helen, GA 30545 (9.0E) See Helen, GA map. [34.701565,-83.731464]

NoBo Features

Description

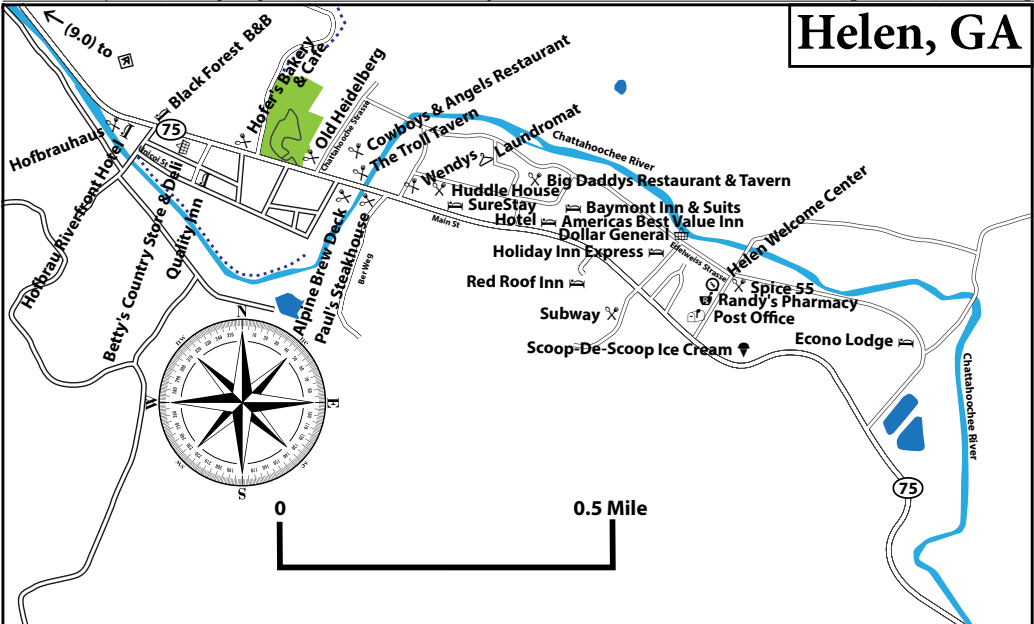
GPS

Elev SoBo

	PO M-F 9am-12:30pm and 1:30pm-4pm, Sa 9am-12pm. 7976 S Main St. Helen, GA 30545. [34.69801,-83.71968]
	Baymont Inn & Suits 706-725-8764. Rate, \$125 and up. Includes breakfast buffet during festivals. Microwave, fridge, pool outside, free WiFi. [34.70039,-83.72313]
	Helendorf River Inn 800-445-2271. (www.helendorf.com) Rates range from \$45-\$85, \$10EAP depending on season. Weekend rates are higher. Pets \$20. Includes continental breakfast. Laundry, Computer available for use, free WiFi. Visa/MC/Disc accepted. [34.70120,-83.72821]
	SureStay Hotel by Best Western 706-878-2191. Open year round. No Pets. Offers a hiker room with two bed for two people \$50, EAP \$5 with a maximum of 4 people, offer is good for M-Th, microwave, fridge. Indoor pool. Free WiFi. [34.70071,-83.72661]
	Econo Lodge 706-878-8000. Open year round. Weekday rates \$68, weekend rates are higher, includes continental breakfast, microwave, fridge, free WiFi. Accepts only pets under 20 pounds with pet fee \$20. [34.69711,-83.71346]
	Country Inn and Suites 706-878-9000. Open year round. Call for rates, stay includes hot breakfast, indoor pool and whirl pool, laundry, Computer available for use, free WiFi. [34.70118,-83.72445]
	Betty's Country Store (IGA) 706-878-2943. (bettysinhelen.com) M-Th 7am-8pm, F-Sa 7am-9pm Su 7am-8pm. [34.70180,-83.73423]
	Laundromat 706-779-2066. [34.70166,-83.72575]
	White County Library 706-878-2438. M-F 9am-6pm, Sa-Su closed. [34.70316,-83.73138]
	Hitch-A-Hiker 813-294-6994 (cell, text preferred) Owner: Gracie Rogers. Based out of Hiawassee, GA. Pet friendly Insured. 365 days, 24/7 & holidays. S to Atlanta, GA < > N to Fontana Dam & ✕ airport, 🚌 bus & 🚆 train terminals. 🏠 Slackpacking. [34.94876,-83.75710]

Hiawassee, GA 30546 (12E) See Hiawassee and map at mile 69.2.

Helen, GA



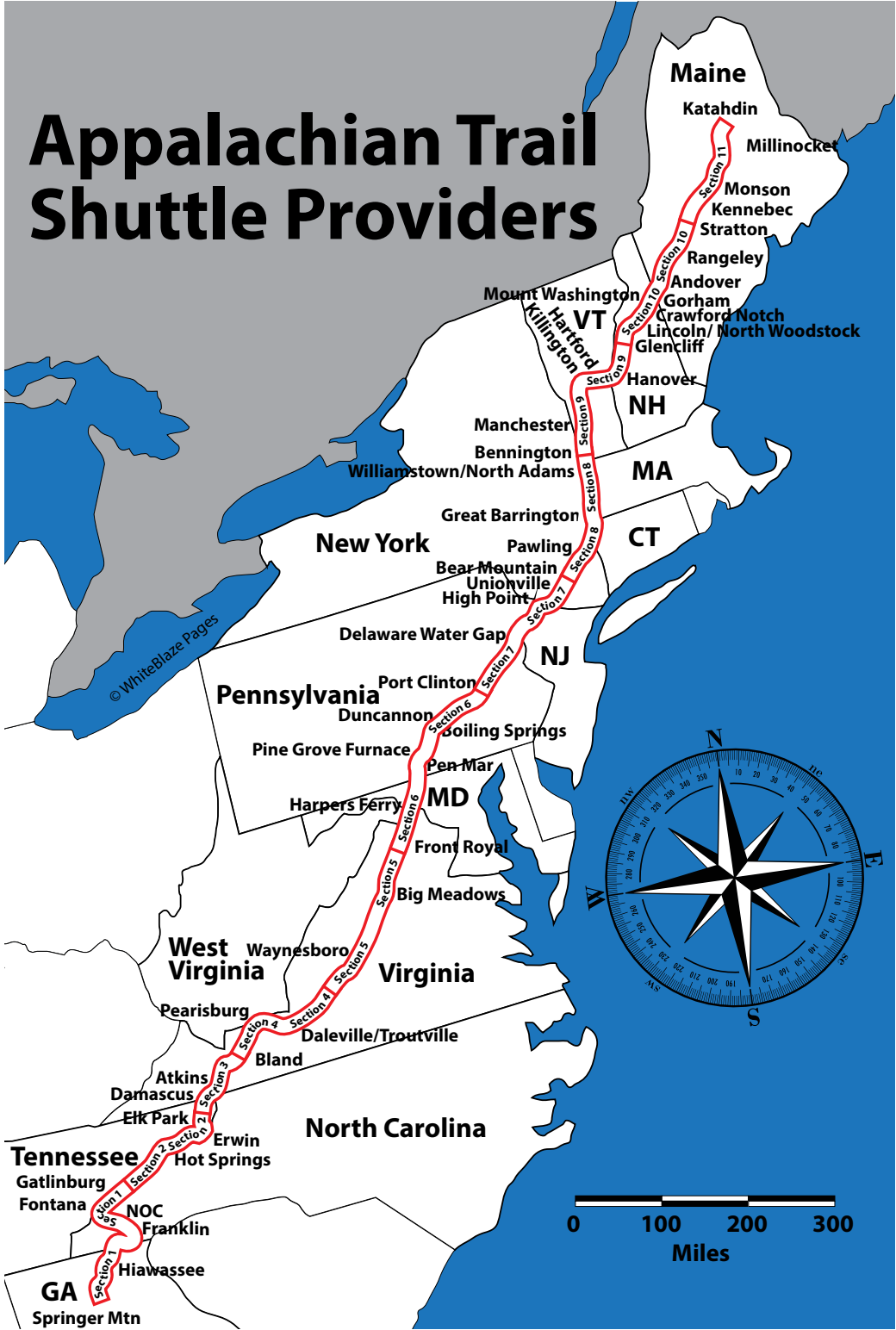
53.1		Cross stream , Hiawassee River (headwaters). [34.80189,-83.73534] 3504 2141.2
53.4		Rocky Mountain Trail leads (1.0W) to USFS 283. [34.80395,-83.73231] 3702 2140.9
53.9		Rocky Mountain , summit. [34.79817,-83.73046] 4017 2140.4
54.1		Rock ledges with good views. [34.79761,-83.72715] 3965 2140.2
55.2		Cross USFS 283, Indian Grave Gap . Blue blaze trail leads (1.9) east to Andrews Cove Campground. [34.79287,-83.71429] [34.79305,-83.71431] 3113 2139.1
55.9		Cross USFS 79, Tray Mountain Road [34.79329,-83.70323] 3580 2138.4
56.2		Cheese Factory Site , water (spring) is located 50 yards west. There is no cheese factory here. There is nothing here now that would make you even think there was one located here. However in the 1800's there was once one here. Now it is a good flat area for a picnic or camping. [34.79351,-83.69797] [34.79472,-83.69830] 3590 2138.1
56.7		Rocky cliff with small overlook. 3853 2137.6
56.9		Cross USFS 79/698, Tray Mountain Road, Tray Gap . [34.79938,-83.69100] 3847 2137.4
57.7		Tray Mountain , small rocky summit, views in all directions. [34.80138,-83.68395] 4430 2136.6

The following is a listing of hostels, campgrounds, and lodgings along the Appalachian Trail. This page will contain the basic contact information, with name, open and close dates, and physical mailing address, and GPS coordinates. The physical address is not the mail-drop address. Checking the detailed listing for the correct mail-drop address and more information.

The listing will also include the icons to show the features for the establishment. To find out more detailed information for each listing, go to their NOBO mileage location in the book.

20.5		(1.3W) Above The Clouds Hostel 706-747-1022 (hostel) 678-983-0954 (cell) ✉ atchostel@gmail.com . (www.abovethecloudshostel.com) 1487 State Highway 60 Suches, GA 30572. 𐄂 [34.68316,-84.01732]
20.5		(2.9E) Kennedy Creek Resort 404-720-0087 ✉ kennedycreekresort@gmail.com (kennedycreekresort.com) 3001 High Valley Rd, Suches, GA 30572. 𐄂 [34.69709,-84.01439]
20.5		(6.5E) The Hiker Hostel @ Barefoot Hills Hotel 770-312-7342 ✉ reservations@barefoothills.com (www.barefoothills.com) ✉ Mail drops: (USPS/FedEx/UPS) 7693 US Highway 19N, Dahlonega, GA 30533. 𐄂 [34.61318,-83.96511]
31.3		Mountain Crossings 706-745-6095. (www.mountaincrossings.com) 12471 Gainesville Hwy, Blairsville, GA 30512. 𐄂 [34.73516,-83.91788]
69.2		(0.6W) Hostel Around the Bend 706-389-9668 ✉ stay@hostelaroundthebend.com (www.hostelaroundthebend.com) 7675 US Hwy 76 E., Hiawassee GA 30546. 𐄂 [34.92035,-83.62492]
109.4		(11.6E) Gooder Grove Hostel 828-332-0228. ✉ Mail drops: 130 Hayes Circle, Franklin, NC 28734. 𐄂 [35.17814,-83.37801]
109.4		(12.6E) Chica & Sunsets Hostel 715-315-0876 (text preferred) chica@chicaandsunsets.com (www.chicaandsunsets.com) ✉ Mail drops for guest: Contacted establishment for details. 𐄂 [35.19349,-83.38744]
124.0		Located (10.3W) of Wayah Gap. (4.5W) Burningtown Gap, and (8.2W) Telico Gap. Nantahala Mountain Lodge/Nantahala Lake 828-321-2340 (www.northcarolinalogcabin.rentals/at-trail.html) Run by 2010 thru hiker "Wiggy". Open 1st March - 1st June. Nantahala Mountain Lodge: (sleeps total of six) ✉ Mail drops for guests only: 63 Britannia Drive, Topton, NC 28781
136.7		Nantahala Outdoor Center 828-785-5082. (www.noc.com) ✉ media@noc.com ✉ Mail drops: dated and marked "Hold for AT Hiker", 13077 Hwy 19W, Bryson City, NC 28713.
150.5		(3.4E) Stecoah Wolf Creek Hostel 828-735-0768. ✉ lonnie479@gmail.com . Open Jan-Dec. 𐄂 [35.37127,-83.68515]
150.5		(3.2E) Cabin in the Woods Craig 980-406-6446 or Eileen 224-420-0273. (www.thecabinsinthewoods.com) ✉ Mail drops for guests only. 386 W. Stecoah Hts., Robbinsville, NC 28771. 𐄂 [35.37696,-83.70186]
158.3		(3.1 E) The Hike Inn 828-479-3677. hikeinn@graham.main.nc.us . Open Mar thru Oct. ✉ Free mail drops for guests: 3204 Fontana Rd., Fontana Dam, NC 28733. 𐄂 [35.41578,-83.72500]
241.0		(9.0W) The Discerning Hiker 423-721-5278 ✉ discerninghiker@gmail.com (www.discerninghiker.com) ✉ Mail drops for guests: 4319 Ground Hog Rd, Crosby, TN. 37722. 𐄂 [35.79560,-83.19188]
241.5		(0.1W) Standing Bear Farm 423-487-0014 (call) or 423-608-0149 (call or text). arking. ✉ Mail drops for guests free (non guest \$3 per package): 4255 Green Corner Rd, Hartford, TN 37753. 𐄂 [35.78615,-83.10180]
268.3		(1.8W) Happy Gnomads Hiker House 865-256-2654, 828-206-2074. happygnomadsnc@gmail.com (www.facebook.com/HappyGnomadsHikerHouse) Run by thru hikers Jumanji and Sunshine. 6130 NC-209, Hot Springs, NC 28743. 𐄂 [35.838451,-82.855828]
274.5		Hostel at Laughing Heart Lodge 828-206-8487 laughingheartlodge@gmail.com (www.laughingheartlodge.com) ✉ Mail drops: 289 NW Hwy 25/70, Hot Springs, NC 28743 𐄂 [35.89003,-82.83270]
274.9		Elmers Sunnybank Inn 828-622-7206. (www.sunnybankretreatassociation.org) ✉ Mail drops for guests: PO Box 233, Hot Springs, NC 28743. FEDX drops: 26 Walnut St., Hot Springs, NC 28743. 𐄂 [35.89124,-82.82979]
274.9		Appalachian Trail-er Bunkhouse 828-713-5451 (www.blueridgehikingco.com) 𐄂 [35.88977,-82.83169]
291.2		(0.7W) Hemlock Hollow Inn 423-787-1736 ✉ hemlockhollowinn@gmail.com (www.hemlockhollowinn.com) Owners Russ and Dianna Rosa. ✉ Mail drops free if you stay, \$5 without staying. Mail drops (ETA mandatory): 645 Chandler Circle, Greenville, TN 37743. 𐄂 [36.00356,-82.78157]
311.7		(0.2W) Laurel Hostel 423-270-1320 ✉ timmytwtotoke@gmail.com . Open year round. Located at 105 Iva Ln, Flag Pond. 𐄂 [36.007112,-82.60516]

Appalachian Trail Shuttle Providers



Who is considered a shuttle provider?

A shuttle provider is a person that will shuttle hikers to different locations, or trail heads up and down the Appalachian Trail. They usually charge a fee.

Who is not considered a shuttle provider?

The person that picks a hiker up from a trail head close to their establishment and back in the same trail head in the morning, if the hiker stays at their establishment. This is not considered a shuttle provider.

This is a listing of Appalachian Trail shuttle providers. The Trail is divided up into 11 sections, each section is roughly about 200 miles. If the shuttle provider covers one of these sections, there will be a shuttle icon under that section and all other icons that pertain to the area covered by them. However just because the icon is under that section it does not mean they cover that entire section. Please refer to the page number or mileage where they are listed in this guidebook to read their full description and see what they have listed for coverage.

Not all shuttle providers listed in this guidebook carry insurance. If we have them listed as insured, it is only because they told us they were insured. We did not verify this, we took their word for it. It is up to you to ask the shuttle provider whether or not they are insured and/or licensed to do transport or trust them and take a ride without them being insured.

This listing is for informational purposes only, and I receive no funding for posting this information.

Note: Shuttles are not free. Talk with the provider about their costs.

Hikers should be sure of their location for a pick-up and give the driver as many details as possible, maybe even GPS coordinates.

Shuttle areas covered

Pet friendly

Non-pet friendly

Insured

Slackpacking

Some stipulations

Airports

Bus stations

Train stations

Can go to these locations south

Can go to these locations north

Copyrighted to WhiteBlaze Pages ©











































			Sections and miles covered in each section										
			Springer Mtn., GA Newfound Gap, TN	Newfound Gap, TN Elk Park/Roan Mtn., TN	Elk Park/Roan Mtn., TN Bland, VA	Bland VA Buena Vista, VA	Buena Vista, VA Front Royal, VA	Front Royal, VA Port Clinton, PA	Port Clinton, PA Bear Mountain NY	Bear Mountain NY Bennington VT	Bennington VT Glencoff NH	Glencoff NH Stratton ME	Stratton ME Mount Katahdin ME
			1	2	3	4	5	6	7	8	9	10	11
Name	Pet friendly	Page or NOBO	0.0-207.8	207.8-395.3	395.3-591.7	591.7-808.5	808.5-971.5	971.5-1219.2	1219.2-1405.5	1405.5-1612.8	1612.8-1793.1	1793.1-2003.8	2003.8-2192.0
Based out of	A.T. miles covered	Mile											
Richard Anderson													
Ellijay/GA, Springer Mtn.		Pg 14											
Ron's Appalachian Trail Shuttle													
Ellijay, GA, Springer Mt.		Pg 14											
Marty Rogers													
Atlanta, GA.		Pg 14											
Subman's Shuttles													
Ellijay, GA.		Pg 14											
David "Solo" Tyler													
Atlanta, GA.		Pg 14											
WAA-Adventures													
Woodstock, GA.		pg 14											
Mel & Mc Shuttle Service													
Atlanta, GA.		Pg 15											
Barefoot Hills Shuttles													
Dahlonega, GA		Pg 15											
Suches Hiker Shuttles													
Suches, GA.		20.5											
A.T. Hiker Shuttle													
Suches, GA.		20.5											
White Blaze Shuttle Services													
Dahlonega, GA.		31.3											

WhiteBlaze Pages does not do any background checks on any of the providers listed here.

WhiteBlaze Pages is not responsible for anyone on this list. The data is collected from shuttle providers reaching out to me and providing me with their information.

Resupply locations along the Appalachian Trail

ATTENTION: For more detailed information read write-up under mileage in book and see maps. Shaded entries are 1.0 miles or less from the Appalachian Trail that are full resupplies or PO's.

NOBO Mile	Location	Designates map available = ★	From trail head	Options	SOBO Mile
20.5	Suches, GA	★	(2.0W)		2173.8
31.3	Neel Gap, GA		On Trail		2163.0
31.3	Blairsville, GA		(14.0W)		2163.0
31.3	Dahlonega, GA		(17.0E)		2163.0
52.5	Helen, GA	★	(9.0E)		2141.8
69.2	Hiawassee, GA	★	(11.0W)		2125.1
109.4	Franklin, NC	★	(10.0E)		2084.9
136.7	NOC, NC	★	On Trail		2057.6
150.5	Stecoah Gap, NC (NC. 143)	★	(3.4E)		2043.8
150.5	Robbinsville, NC	★	(7.0W)		2043.8
165.9	Fontana Village, NC	★	(2.0W)		2028.4
207.7	Gatlinburg, TN	★	(15.0W)		1986.6
207.7	Cherokee, NC		(18.0E)		1986.6
239.2	Davenport Gap, TN	★	(1.2E)		1955.1
241.6	Green Corner Road	★	(0.1W)		1952.8
274.9	Hot Springs, NC	★	On Trail		1919.4
291.2	Log Cabin Rd	★	(0.7W)		1903.1
319.7	Sams Gap, TN	★	(2.7W)		1874.6
344.3	Uncle Johnny's Nolichucky Hostel	★	On Trail		1850.0
344.3	Erwin, TN	★	(3.8W)		1850.0
395.3	Elk Park, NC	★	(2.3E)		1799.0
395.3	Roan Mountain, TN	★	(3.5W)		1799.0
407.9	Scotty's Budget Hostel		(0.25W)		1785.2
420.0	Dennis Cove, TN	★	On Trail		1774.3
428.5	Shook Branch Road	★	(0.1W)		1765.8
428.6	Hampton, TN	★	(2.6W)		1765.7
455.7	Shady Valley, TN	★	(2.7E)		1745.1
470.7	Damascus, VA	★	On Trail		1723.6
520.2	Troutdale, VA	★	(2.6E)		1674.1
534.3	Sugar Grove, VA		(3.2E)		1660.0
534.3	Marion, VA	★	(6.0W)		1660.0
546.0	Atkins, VA	★	On Trail		1648.3
555.8	Quarter Way Inn		(0.3W)		1638.5
558.3	VA. 42/W Blue Grass Trail	★	(0.2E)		1636.0
576.0	Saint Luke's Hostel		(5.1W)		1618.3
591.8	Bland, VA	★	(2.5E)		1602.5
591.8	Bastian, VA		(3.0W)		1602.5
610.2	VA. 606	★	(0.5W)		1584.1
625.4	Sugar Run Gap, VA	★	(0.5E)		1568.9
637.1	Narrows, VA	★	(3.6W)		1556.0
637.1	Pearisburg, VA	★	(1.3E)		1556.0
677.8	Newport, VA		(8.0E)		1516.5
704.6	Catawba, VA	★	(0.4W)		1489.7
730.3	Daleville, VA	★	On Trail		1464.0
731.8	Troutville, VA	★	(1.0E)		1462.5
751.9	Buchanan, VA	★	(5.0W)		1442.4
758.5	Jennings Creek Road, VA. 614	★	(1.2E)		1435.8
787.3	Big Island, VA		(5.6E)		1407.0

Cove = A southern Appalachian word meaning a high, flat valley, surrounded by mountains. Cades Cove in the Smokies is the one most people know about.

Corridor = The Appalachian Trail is a long and narrow Park, sometimes less than 100 feet wide. The Area set aside for the AT to pass within is called the Trail Corridor.

Cowboy = When one camps without any shelter - just spreading one's sleeping pad and bag out **camping** under the stars and putting one's faith in their opinion about the weather staying dry.

Croo = The crew of caretakers who man the Appalachian Mountain Club Huts. For the most part, the summer Croo will be college students.

Dead Fall = A trail maintainer's term for a fallen dead trees across the trail.

DEET = A powerful insect repellent.

Double blaze = Two blazes, one above the other as an indication of an imminent turn or intersection in the trail. Offset double blazes, called Garveys, indicate the direction of the turn by the offset of the top blaze.

Dodgeways = Are V-shaped stiles through fences, used where the Trail passes through livestock enclosures.

DWG = The Delaware Water Gap, DWG, is the most well-known **Gap** along the AT.

End-to-ender = Another term for a **2,000-Miler**.

Flip-flop = A term used to signify a hiker that starts hiking in one direction then at some point decides to jump ahead and hike back in the opposite direction of where they left off.

Flip-flopper = A hiker that starts hiking in one direction then at some point decides to jump ahead and hike back in the opposite direction. Some hikers on the AT will start hiking northbound from Springer Mt. and usually at Harpers Ferry they may decide to go to Katahdin and hike back down to Harpers Ferry, thus completing their thru-hike. This is a good way for someone to still get their hike completed if they are behind and their time is limited due to the oncoming winter.

Food bag = A bag a hiker carries in their pack specifically for storing their food in. It is typically bear **Bear bag** suspended from a tree at night so bears and varmints don't get into it.

GAME, GAMER = A hike or hiker going from Georgia to Maine.

Gap = A southern term for a low spot along a ridge line, called a **Col**, or **Notch**, by northern individuals.

Gear head = A hiker whose main focus is backpacking and outdoors gear.

Giardia = More properly known as **Giardiasis**, an infection of the lower intestines caused by the amoebic cyst, Giardia lamblia. Giardia resides in water so it is wise to always chemically treat or filter your water before drinking. Symptoms include stomach cramps, diarrhea, bloating, loss of appetite and vomiting. Also known as, a backpacker's worst nightmare.

GORP = 'Good ole raisins & peanuts', or some other variation thereof.

Gray Water = (Dirty dishwater). Some campsites will have designated spots to dump your gray water.

Hiker Box = A cabinet, or box, at lodgings or hostels where hikers donate unwanted food, gear, fuel, and any other items the hiker no longer wants to carry. Leaving it for the hikers coming behind them.

Hostel = An establishment along the trail that has bunks, showers, and sometimes meals and mail drops.

HYOH = Meaning "Hike Your Own Hike," the idea that we should all live and let live on the trail.

JMT = The "John Muir Trail" is a 210 mile trail that follows a section of the PCT. Almost entirely above 8,000 ft of elevation, much of the trail is in the Alpine Zone, with gorgeous big-mountain views and wildflowers.

Knob = A prominent rounded hill or mountain. A southern term.

Lean-to = A three sided open shelter, used primarily in New England.



WhiteBlaze
has been working hand in hand with the
Appalachian Trail Conservancy for
19 years